

What Is This Thing Called

Sleep?

A STAGGERING LOSS



A SKYLINE



WHAT IS THIS THING CALLED SLEEP?

AWAKE



What Is This Thing Called Sleep?



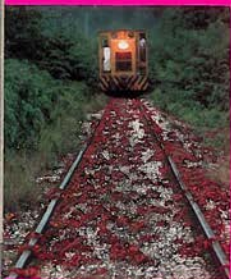
dream?



commands to run, kick, or jump.

HEADS AND SHAKING

prevent such outbursts



WE'RE ALL STUNNED

What Is This Thing Called Sleep?

shocked silence,

bright eyes



Wave

Nowhere



speeds or slows unaccountably;

a mental plan of action
and a list of priorities,

can affect the
body profoundly.



HAVE YOU BEEN HAVING STRANGE DREAMS?

narcosis caused by breathing



...nging, sleep paralysis, sleepwalking, nightmares, night terrors, bruxism (teeth grinding), sleep myoclonus (kicking legs), and sleep apnea. ... disorders, ... On-



mild mannered by day, became violent dreamers at night.

A curiosity, a portent, a looming symbol of the impending change.

a recipe for dread:

ORDINARY SLEEPINESS

FATIGUE IS THE ENEMY



years

SURVIVING

cavernous, windowless

smashed windows,

a DO NOT ENTER sign.





rest



camouflage!

DUSK SOOTIES



Resetting
the body



don't move at all



you are yearning

your eyes closed.

What Is This Thing Called Sleep?

DO WE SLEEP?

tossing and turning



brutal

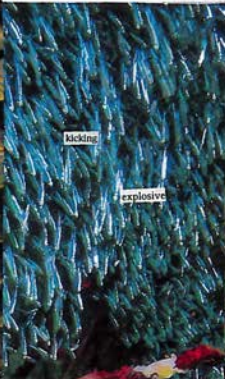
small

want



kicking

explosive



people were in my heart now forever.

